

RAUMATI BEACH SCHOOL

9 May 2019

Dear Parents, Guardians & Whānau,

TEAM KAPITI – TERM 2 UPDATE

Term 2 has started and it has been great to see our tamariki back safe and refreshed for a new term. It's also good to have Karen McKay back in Room 13 after her sabbatical term.

It was fantastic catching up with parents this week. It's always nice to get together to discuss and celebrate your child's learning. As always, don't feel you need to wait for an event like parent interviews to contact us. The team is always keen to meet at any time.

The focus in Team Kapiti for Term 2 is 'Challenge'. This term our students will be training towards the Cross Country coming up in a few weeks. They will be studying the human body, energy systems, nutrition, and the different aspects of fitness. Students will be measuring their improvement in strength, endurance and flexibility. This will be done in a supportive, encouraging environment for all fitness levels focused on student selected goals rather than competition against others. All students will be expected to participate and will need a note from a parent or guardian to excuse them from taking part.

We are also looking at exposing students to a range of different fitness experiences throughout the term. If you are able to share your expertise in any area of fitness/health (Yoga, Pilates, Zumba, Jazzercise etc), we would love to hear from you! Please contact your child's teacher if you are interested in taking a class for our students.

Winter is coming

- Winter Uniforms - Thermals or tights need to be navy blue or black. Students are allowed to wear any jackets for our walks to and from tech and school but these are not permitted any other time during the day without teacher permission.

Dates to Remember

- **16th May** - Gardasil injections for Year 8s and immunisation for Year 7s
- **19th June** - Year 8 Paraparaumu College Visit - whole day
- **25/26 June** - Year 8 Kapiti College Open Day - Parent Evening will be on in the Kapiti College Hall starting at 7pm and finishing by 9pm.
- Cross country Date 28th May - (P/P 30th May)
- **3rd July** - Matariki Evening: 5.30 - 7pm
- Reports will be going home Week 10 this term (last week of school)

YEAR 5 - 8 - 2019 GREAT KIWI SCIENCE, ENGLISH AND MATHEMATICS COMPETITIONS

Please see the notice with information about these exams. These exams are an optional challenge for your kids if they are interested. Sign up and payment needs to be done on Kindo by Friday 17th May.

Life Ed - Week 4 - 6, Term 2

Team Kāpiti students will take part in a fun interactive learning experience that aims to empower them to make safer and healthier choices. They will be working with an educator to develop an appreciation of the influences and responsibilities which relate to making safe and healthy decisions by exploring:

- Factors that influence decisions e.g. friends, family, media, laws
- Short and long term consequences of a range of legal or illegal drugs
- Social dilemmas young people may be faced with in the future



Session topics include

- What is a drug and how drugs are classified
- Effects of drugs on the body
- Analysing health messages about drugs in the media
- Messages around non-use of drugs – normative data – dispelling myths
- Influences on decision making – family, peers, media, culture, financial, legal
- Strategies and skills to be safe

There is also a parent information session in the van on Thursday 16th May 4 - 6pm. It will cover all videos and drug/substance topics covered by the Life Ed Educator. If you intend to come please RSVP to Dave - dclare@raumatibeach.school.nz .

Thank you for your continuing support of learning in Team Kāpiti. Please do not hesitate to contact us with any queries.

Ngā mihi nui
Team Kāpiti Kaiako