



# Raumati Beach School

www.raumatibeach.school.nz

## NEWS

Term 1

Newsletter 17/02

23 February 2017

Phone/Absence Line/Fax 04 902 5596  
[office@raumatibeach.school.nz](mailto:office@raumatibeach.school.nz)

### **PREMIER ADVERTISER**



MUSIC ACADEMY

Enrol now for in-school music lessons!

Mean Beats - Drums

Star Finders - Intro to music

More lessons available at our

Rimu Rd studio

[www.houseofsound.co.nz](http://www.houseofsound.co.nz)



Dear Parents and Guardians

Thank you to those of you who took the opportunity on Wednesday evening to wander through your child's class, meet with their teacher and attend one of the information sessions. We hope that you found the information to be beneficial and had the opportunity to make contact with the class teacher if you had not done so previously.

Thank you also for continuing to support our sun safe programme and ensuring that your

child has a school sun hat. It certainly makes the job of our teachers easier when all the students come prepared for being outside. Although our summer seems to be dodging us most days, we still would like our students to be prepared.

We are in the very early stages of planning a new area which will have some more sun protection as well as break out spaces for students to learn and have lunch. The area identified is where the old playground was located on our now much reduced hill.

#### **WEBSITE**

We are continuing to revamp our website. Hopefully you will find it easier to navigate. Over the next term we are culling a lot of old information and trying to create areas which are easier to navigate to and get information from.

#### **PARKING**

The shared car parking area off Raumati Road is now fully operational. We encourage you to use this as it is a very safe place to drop your children off. Please observe all signs and please do not wait in the drop off zones. As the Raumati Road revamp moves closer to the school you will find the carpark a great way to avoid the congestion.

#### **GREEN DAY**

We will hold our now annual GREEN DAY on Friday 17 March. This day is held every year. Please keep an eye out for the GREEN DAY notices.

## GETTING YOUR CHILDREN BACK INTO THE SCHOOL ROUTINE

Hopefully by now your child should be back into some sort of school routine! However bright evenings (when it's not raining!) and family events, can at times make this difficult. We have published this previously but revisiting the information may be useful. The link to the full article can be found at the end.

*Many studies have shown that a lack of sleep can hamper physical and mental health. Tweens and teens aged 11-17 operating on too little sleep have shown an increase in anxiety, depression, and physical pain. School performance often declines too. A study of fourth- and sixth-grade students showed that after losing about one hour of sleep over several nights, students performed worse on a test that predicts their ability to pay attention in class.*

*According to the National Sleep Foundation, kids aged 5-12 need 10 to 11 hours of sleep each night. Children aged 10-18 need a little less -- 8.5 to 9.5 hours per night. But most kids don't get enough sleep.*

*You can show your kids that you know – and care -- that getting back into a routine may not be fun. But also let them know that the schedule change is meant to help them feel good when they are at school.*

<http://www.webmd.com/parenting/features/get-kids-up-for-school>

### Ka kite ano

Mike Farrelly  
**PRINCIPAL**

# SCHOOL NOTICES

## NETBALL REGISTRATIONS DUE

Registrations for winter netball for all years are due by **tomorrow, 24 February**. Please register using Kindo. If you missed last week's notice you can find it on the RBS website under 'parent info/school notices/sport' or under 'our learning/sport/netball'.

## NETBALL PRE-SEASON TRAINING YEARS 6-8

Pre-season training for years 6-8 started this week and is a great opportunity to brush up on ball skills ahead of trials on 16 and 18 March. It is held at Kapiti College courts on Tuesdays and Thursdays at 7.45am for 3 weeks.

## KINDO – OUR NEW SCHOOL SHOP

Hopefully you have received our notice home about Kindo. It is already proving to be a fast and easy way of ordering uniform and stationery from the Office and has worked well for our Twilight Netball registrations, as well as Winter Netball registrations which are due on Friday. There are three different ways you can make payments on Kindo. To find out about these different options please log in and click on the 'My Account' tab across the top of the page.

You can pay by:

- Credit/Debit card
- Account2Account - *immediate online secure funds transfer via the Kindo website*
- Bank Transfer - *a payment to the Kindo account from your bank account via internet banking*

For those of you who have regular AP's to Raumatī Beach School, consider stopping your AP to our account and set it up again to Kindo, via the bank transfer payment option.

Jackie is very happy to help you if you have any questions or want a demonstration. Please pop in and see her or send an email: [icorbett@raumatibeach.school.nz](mailto:icorbett@raumatibeach.school.nz)

If you have a credit at school, Jackie can refund you and then you can pop it onto your Kindo account if you wish. Just send Jackie an email with details.

## MOVIN'MARCH 2017

Deciding to allow your children to walk or bike to school can be a daunting decision but the benefits of increased physical and mental well-being are worthwhile.

### Benefits

Research shows walking and biking to school improves physical fitness and helps develop confidence, independence, decision making and risk assessment skills, improve communication with parents and build a stronger sense of community.

We understand active travel can be a challenge for many families. The distance to school, time pressures of work and after-school activities along with concerns about road and personal safety impact on the decision to allow walking and cycling to school.

Movin'March provides a great opportunity to overcome these barriers and give walking or wheeling a go – even if it's just for one day to see for yourself how rewarding it can be for your family.

Movin'March is a month long celebration of active travel to school run by the Greater Wellington Regional Council. Participating schools will encourage their students to take part in the WOW (Walk or Wheel) Passport Challenge and the WOW Family Day on Friday 31 March.

Students will receive a WOW Passport to be stamped each time they walk or wheel to school during Movin'March – even just part of the way. Once their card is full, they go in the draw to **win a brand new bike and helmet!** Families will be encouraged to make an extra special effort on WOW Family Day to celebrate the school's Movin'March efforts.

Try rearranging your schedule to walk with your children on WOW Family Day. Find walking buddies if you can't participate or use a drop-off point near the school so they can walk part of the way. Find out more about Movin'March and WOW at [www.movinmarch.com](http://www.movinmarch.com).

### Resources

If you have children who are ready for independent travel to school – help get them prepared for Movin'March by teaching your children the skills they need. Vic Health has developed a great guide for preparing your children and the New Zealand Transport Agency has developed factsheets on how to teach road safety skills. We've also put together tips and advice for common

concerns parents have about the journey to school. You can find links to all these resources at [www.movinmarch.com/parents](http://www.movinmarch.com/parents). Happy walking and wheeling!

### UPDATING CONTACT DETAILS

We are currently updating our records in preparation to begin bulk emailing parents/guardians through our school database. If you have any changes, please let the office know as soon as possible.

### WAREHOUSE STATIONERY

When you make any purchase at Warehouse Stationery, just mention Raumati Beach School before you complete the transaction and 5% of your purchase comes back to school! Thank you for your support.

### EXCITING NEWS

One of our wonderful year 3/4 teachers, Natalie Stone has won a scholarship to Beijing! This scholarship provides Natalie with an opportunity to increase her knowledge and understanding of the Mandarin language and culture. She will return with a wealth of knowledge to pass on to our students at RBS!

### SPARE UNIFORM

Thank you to everyone who has kindly donated spare uniform to the office. We now have a good stock in the medical room so won't be requiring any more at this stage. Thank you.

### WHAKAARO HOU EDUCATION TRUST


The next Chromebook roll out date is Wednesday 1 March 2017. The closing date for Expression of Interest forms is Monday 27 February 2017. For more information or to download an Expression of Interest Form, please see the Trust website: [www.whetrust.weebly.com](http://www.whetrust.weebly.com)

## UPCOMING EVENTS

24 Feb	Netball Registrations Due
2 March	Reception Parent Information Evening 6-7pm Rm5
3 March	Powhiri for new families 9.15am
17 March	Green Day
31 March	Movin March WOW Family Day
13 April	Term 1 Finishes 3pm

# SPORTS, MUSIC, COMMUNITY NOTICES

**Kids Go Free at STAGLANDS Children's Day**  
 Sunday 5th March 2017



*Connect with Nature*  
[www.staglands.co.nz](http://www.staglands.co.nz)

Open Every Day 9.30 - 5.00  
 Not available with any other offer

Staglands  
 Wildlife Reserve & Café

## Hey Primary Students! Want to help your Kāpiti Marine Reserve?

The Guardians of the Kāpiti Marine Reserve are asking primary school students to help design a logo for the group. The winning design will need to be something extra special, just like our Marine Reserve. It will be turned into a logo for the group and the winner will also receive a free overnight trip to Kāpiti Island. Ask your parents or teachers to visit the 'Guardians of the Kāpiti Marine Reserve' Facebook page or email: [biancamajic@yahoo.co.nz](mailto:biancamajic@yahoo.co.nz) for more information.

## Annette's Place

Annette's Place offers one-on-one weekly teaching in a quiet place with the parent present. Just right for those children who require special care in order to learn or just need a bit of extra teaching time. This service is available for children aged 4 to 8 years. They may have a diagnosis, such as dyspraxia or autism, or may be prematurely born, or may just be having some difficulties with learning or fine motor skills. Annette has had many years' experience and is well qualified. She offers a free initial consultation. Contact her by phoning 021 2997 456 or emailing [annette@theinnerpath.co.nz](mailto:annette@theinnerpath.co.nz) [www.annettesplacenz.com](http://www.annettesplacenz.com)

# OUR ADVERTISERS

Wellington – Kapiti - Hutt Valley – Wairarapa



**ASPIRE**  
 Training & Business Solutions

Experts in MYOB and Xero accounting software  
**CALL NOW 0800 696 248**

xero CERTIFIED ADVISOR

**MYOB** PARTNER OF THE YEAR 2012

**CHILDRENS PIANO LESSONS**

AGES 4 YEARS & UP  
 ROYAL SCHOOL THEORY  
 TRINITY COLLEGE LONDON

*Heidi Schrama*  
 20 YEARS EXPERIENCE  
 LLB/BCOM/DIPLOMA TEACHING PRIMARY

021 563 263  
[heidi.schrana@clear.net.nz](mailto:heidi.schrana@clear.net.nz)



**THOMSON**  
 PLUMBING AND GASFITTING

Installation, Repair and Servicing of  
 • Plumbing, Gasfitting and Solar Systems

(04) 902 0482 or 021 049 8886  
[www.thomsonplumbing.com](http://www.thomsonplumbing.com)  
 Certifying Plumbers & Gasfitters



Master Plumbers Gasfitters Drainlayers

# SPORTS, MUSIC, COMMUNITY NOTICES

# OUR ADVERTISERS



### Kapiti Wildheart

Starts again in Term 2. For art classes after school see [www.kapitiwildheart.co.nz](http://www.kapitiwildheart.co.nz) for more info or phone Jacqui 0210696555

### Small Tots Football 2017

Starting 14th February

Children from 3-6 years old are eligible for this programme, which comes with a BONUS of a BRAND NEW FOOTBALL KIT of a choice of four world known teams but only a limited amount of kits available, first in first served. I'm fundraising for my own Federation Talent Centre by running this programme which goes on for 9 weeks at Weka park (Raumati) costing \$80 per CHILD which includes the kit. Trainings run on a Tuesday afternoon starting at 5 till 5:30. Contact Lockie Fay on 0212936104 or [lockie.fay@kc.school.nz](mailto:lockie.fay@kc.school.nz)

### Kapiti Music Centre

Is taking enrolments for 2017 in Trumpet, Violin, Recorder, Saxophone, Clarinet, Cello, Guitar, Keyboard, Drums, Percussion, Glee Club, Ukulele and Introduction to Music. Lessons cost **\$180 - \$230 for the year** (30 lessons). Discounts are available for more than one family member. Contact us at [admin@kapitimusiccentre.org.nz](mailto:admin@kapitimusiccentre.org.nz) phone **021 297 1413**. Or enrol on line [www.kapitimusiccentre.org.nz](http://www.kapitimusiccentre.org.nz)

### Maths And English Tuition

Boost your child's confidence and education with NumberWorks'nWords specialist after school tuition. We provide individualised instruction in Maths and English for students who are struggling to keep up and those bursting to race ahead. Phone now for an assessment and introductory lesson. Phone Lizette at 9026655 or visit [www.numberworkswords.co.nz](http://www.numberworkswords.co.nz) for more information

### Kids After School Ceramics Workshop To Make Leaf Plates Or Leaf Hangings:

Make 2 leaves out of soft clay week 1, then come back and glaze them week 2. **DATES:** Weds 15th and 22nd March **TIME:** 3.30-5pm **COST:** \$65 includes all materials, clay, glazes and firings. For children 6 yrs + To book your place please call: 02102720716 or [E:kayebustin@rocketmail.com](mailto:E:kayebustin@rocketmail.com) [http://www.kayebustinstudios.com./](http://www.kayebustinstudios.com/)

**Want top dollar for your home?**  
Then use a top agent!

Paulane McLean Top Agent Ray White Kapiti  
2014 - 2015 - 2016

List with me and on sale and settlement I will donate \$350 to the school!

**SOLD**

Paulane McLean  
0274 439 641

Ray White.  
Steinmetz Real Estate Ltd  
Licensed REAA 2008

**teamMEDICAL**

General Practice	Accident & Medical
Physiotherapy	8am to 10pm
Xray	7 days

Coastlands Mall  
Paraparaumu Ph: 04 2973000  
**Enrolling patients now**

# **SPORTS, MUSIC, COMMUNITY NOTICES**

## **Paraparaumu Junior Rugby Club**

Registration Day Sunday 5 March 2-4pm at Coastlands. Check out our facebook page Paraparaumu Junior Rugby for more dates and pre-season training details

## **Kapiti Children's Centre**

We currently have some spaces available at our unique early childhood Centre in Raumati Beach. We have separate nursery and kindergarten areas with skilled teachers in each classroom and cater for children from 6 months to 5 years of age. We offer sessional and all day care and education and have been part of the community for over 25 years. If you are looking for a small nurturing family like Centre that will support your child as they learn then please call *Caryll* on **9027130** or email us at [kapiticentre@paradise.net.nz](mailto:kapiticentre@paradise.net.nz) we would love to meet you

## **Gear Jammers**

All Fired up car show 19 March 2017, 9.30am. Mass Engine start, pre-show cruise, live band etc. Kapiti School, Rimu Road

## **All Star Victory Cheerleaders 2017**

Enrolments still open. We offer free trial classes. A fun all round activity including tumble, jumps, stunts, pyramids and a little bit of dance. Classes and teams to suit all ages and abilities both girls and boys. Classes held at 10 Manchester St Paraparaumu (Off Te Roto). Cheerleaders develop good listening and cooperative skills while having fun and learning new physical skills. Contact: Julie 027 6526021 - 04 4773107 -allstarvictory@gmail.com or via [enrolmy.com/all-star-victory](http://enrolmy.com/all-star-victory) [www.allstarcheerleaders.co.nz](http://www.allstarcheerleaders.co.nz) Find us on facebook [Facebook Victory All Star Cheerleaders](#)

## **Just Dance: No Uniforms. No Exams. Just Fun**

Multi style dance classes with Sally Stopforth for primary school and college age students at Raumati South Memorial Hall. Wednesday afternoons during school term time, 3.30pm - 6pm, various age/ability classes available. \$80 per term. Contact Sally 0278 115 179