

RAUMATI BEACH SCHOOL

11 April 2019

Dear Parents & Guardians,

LIFE EDUCATION TRUST LEARNING IN TERM 2

We are delighted to once again be hosting the Life Education Trust from 29th April – 6th June. This outstanding resource always proves popular with students as they develop key understandings about health & well-being.

The main message our students learn is: *What goes IN to our body influences us in a variety of ways. We can make healthy choices to support our bodies and brains.*

Areas of focus

Years 1 - 4	Food and Nutrition
Years 5/6	Food & nutrition, Being Healthy
Years 7/8	Substances

The cost per student of \$3 is met by the school as we believe that this resource supports essential learning. However, if you are able to contribute towards this cost, you are able to do so on Kindo, or via the office (either eftpos or money in a labelled envelope). We would appreciate any contributions our community is able to make as that allows us to spread funds more widely.

For further information about the type of lessons, please have a look at lifeeducation.org.nz.

Nga mihi,

Prisca MacDonald
DEPUTY PRINCIPAL

RAUMATI BEACH SCHOOL

11 April 2019

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YEAR 7 & 8: LIFE EDUCATION TRUST LEARNING IN TERM 2

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Team Kapiti students will be working with an educator to develop an appreciation of the influences and responsibilities which relate to making safe and healthy decisions by exploring:

- Factors that influence decisions e.g. friends, family, media, laws
- Short and long term consequences of a range of legal or illegal drugs
- Social dilemmas young people may be faced with in the future

Session topics include:

- What is a drug and how drugs are classified
- Effects of drugs on the body
- Analysing health messages about drugs in the media
- Messages around non-use – normative data – dispelling myths
- Influences on decision making – family, peers, media, culture, financial, legal
- Strategies and skills to be safe

There will be an opportunity for parents to view the caravan and speak to the educator about the lessons – we will let you know as soon as we have been able to confirm a date and time.

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Nga mihi,

Prisca MacDonald
DEPUTY PRINCIPAL

LIFE EDUCATION TRUST LEARNING IN TERM 2

Monday 29th April – Thursday 6th June

Name _____

Room _____

My contribution:

\$3.00 Cash Eftpos

\$6.00 Cash Eftpos

\$9.00 Cash Eftpos

Name of Parent/Guardian

Phone

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