



Raumati Beach School

www.raumatibeach.school.nz

NEWS

Term 1

Newsletter 17/03

9 March 2017

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RAA MEMBER ASSOCIATION

Dear Parents and Guardians

This week I have been fortunate to spend some time down in Christchurch with other principals from the Kapiti area as well as our two Deputy Principals. (Julie Morris and Prisca MacDonald). During our time there we attended the Leading Remarkable Learning seminar and listened to world leaders in education such as, Sugata Mitra http://www.ncl.ac.uk/ecls/staff/profile/sugata_mitra.html#background and Sir John Jones <http://sirjohnjones.com/>. As well as this we had the opportunity to visit a number of Christchurch schools, look at their

programmes and the developments which have taken place post the earthquake.

Anecdotally, one of the rising issues in our area and most likely the wider community beyond Kapiti, is the impact both positive and negative of social media, the availability of online access and internet safety. We are looking to run an information session for parents in term two which we hope will be hosted by a facilitator from "Netsafe." We will let you know as soon as this is confirmed. In the meantime I have included some useful information which can be found on the Netsafe website:

<https://www.netsafe.org.nz/advice/parenting/>

WHAT TO DO IF YOU'RE BEING BULLIED ONLINE

If you're experiencing online bullying and you need help you can contact Netsafe for assistance.

Find out how they can help, or call 0508 NETSAFE.

If you're concerned about the immediate safety of you or someone else, call 111.

Helpful tips

1. **Don't reply:** Especially to messages from phone numbers or people you don't know.
2. **Don't attack the person back:** Avoid giving the bully the satisfaction of a reaction by retaliating – especially if it's in a public forum online.
3. **Have a conversation:** If it's safe to do so, try talking to the person privately about what they've said or

done. Stay calm and let them know how their actions have affected you.

4. **Cut off the person bullying you:** Block their phone number, or block them on social media. You can also report their behaviour to the social media site.
5. **Talk to someone:** Talking to friends, Whānau or someone else you trust can help put things into perspective, make you feel better and help you cope with the situation.
6. **Save messages and images:** Take screen shots of the bullying in case you need evidence later.

WHAT TO DO IF A FRIEND IS BEING BULLIED ONLINE

1. **Offer your support:** Remind them that no matter what, they don't deserve to be treated this way.
2. **Don't reply:** Tell them not to reply or respond to any messages or make contact with the person bullying them.
3. **Get them to stay calm:** Don't let your friend react in an aggressive way – it may just make things worse.
4. **Save evidence:** Make sure your friend saves the messages and take screenshots of website and chat abuse.
5. **Report it:** If the online bullying is happening on a social media site, you can report it as abuse.
6. **Get help:** Get your friend to contact Netsafe for assistance. Netsafe can tell them if there's anything else they can do to stop the abuse and stay safe. They can also look into the situation, and work with them and the person harassing them to get them to stop. Netsafe may also contact online content hosts like Facebook and Twitter to ask them to block or remove harmful digital communications.

If you're concerned about the immediate safety of your friend, call 111.

ONLINE BULLYING INFORMATION FOR PARENTS

Each case of online bullying is different and each child will respond differently to bullying. There's no fool-proof way to tell if your child is being bullied online, but if you think they

might be try asking them about it in a non-confrontational way.

Tips if your child is being bullied online

1. **Don't take away the technology:** Taking away your child's laptop or mobile phone can alienate them from their peers and their support network.
2. **Stay calm:** Your child needs to be able to talk to you and know that you'll be level headed, thoughtful and helpful in your response.
3. **Evaluate the situation:** It's important to know exactly what's going on before you can work out what to do next. Is it just a few off hand remarks, or is it something more serious?
4. **Understand how your child is being affected:** Every child is different, and behaviour that deeply affects one child may be water off a duck's back to another. If your child is upset about a situation, let them know that you understand and it's OK to be upset.
5. **Teach your child how to use the features available on most social networking sites:** For example, blocking and unfriending people. You can also show them how to update privacy settings on social media.
6. **Work through a plan together:** If you need help about what you can do next read more about how Netsafe can help, or call 0508 NETSAFE.

Ka kite ano

Mike Farrelly
PRINCIPAL

SCHOOL NOTICES

NOTICE FROM KAPITI COAST DISTRICT COUNCIL

We are just about to start our community engagement regarding the planned playground upgrades for 2017-18. We want to hear from the community about what equipment they would like to be at the upgraded playgrounds.

There are a number of ways we will be engaging with the community:

- survey fliers which will be distributed widely to the community
- A playground tour where people can drop in and talk with us (free sausage included!):
- **Tennis Court Road:** Monday 20 March, 10am and Thursday 23 March, 3.30pm
- **Weka Park:** Wednesday 22 March, 10am and Friday 24 March, 3.30pm
- **Marere Avenue:** Monday 20 March, 3.30pm and Thursday 23 March 10am
- **Hookway Grove:** Tuesday 21 March, 10am and Wednesday 22 March, 3.30pm
- An online survey on the Council website – links to each playground survey below
[Tennis Court Road, Raumati South](#)
[Weka Park, Raumati Beach](#)
[Marere Avenue, Paraparaumu](#)
[Hookway Grove, Paraparaumu](#)
- e-mailing officers at:
playgrounds@kapiticoast.govt.nz

We are promoting this engagement process via facebook, website, signs at the playgrounds, posters and fliers at libraries, swimming pools and service centres and local newspapers. The community engagement ends on 31 March 2017. Once all the information has been collated we will provide a summary to the community, outlining what we heard and the most popular equipment for each playground. When the final design is confirmed with the contractors, there will be a further update (later this year).

Please feel free to share with any of your networks that may be interested and we welcome the kids to come along to the drop in sessions at the playgrounds (the after school session of course). Please let me know if you would like any further information.

Katherine Greenbrook

Recreation Facilities Coordinator

Tel 04 296 4855

NAMING SCHOOL UNIFORM

Please clearly name all items of your child's uniform. We regularly return named uniforms to classrooms but if items are not named, we are unable to do so.

NETBALL TRIALS YEARS 7&8

Netball trials for years 7&8 (Year 6 not trialling) are on **Thursday 16 March from 3.15-4.45 on the front court at RBS** and on **Saturday 18 March from 10am-1pm at the Kapiti College courts**. Players will need suitable footwear, a hat, water and a snack. If for any reason your player cannot attend one or other of the trials please let Kath Saint know by email to dandksaint@gmail.com. Please note that students from Te Ra School have been invited to participate in the trials.

GREEN DAY 2017

Friday 17 March is Green Day 2017, in support of the local **Mary Potter Hospice**.

Timetable for the day is as follows: (Weather permitting)

- **School Parade – 9.30am** (*Junior School – NE-Year 4 whole class and Years 5-8 will have representatives in the parade.*) We are planning to walk the students down Raumati Rd, through the village and return via the Kapiti College driveway – weather permitting. You are most welcome to join in.
- **Green Day School Photo** – This will be held on the front court at the conclusion of the parade – approximately 10.00am. You are welcome to join your child and the rest of our school community in the Green Day photo.
- **Gold Coin Collection** – We will be collecting money for Mary Potter Hospice in collection boxes during the day in class or if you prefer at the office.

WAREHOUSE STATIONERY

When you make any purchase at Warehouse Stationery, just mention Raumati Beach School before you complete the transaction and 5% of your purchase comes back to school! Thank you for your support.

INTERSCHOOL TRIATHLON

Last week Raumati Beach School had a very strong team compete at the Interschool Triathlon. Lots of placements on the day, our athletes came 1st, 2nd and 3rd in the Individual Girls Year 7, 3rd in the Individual Boys, 2nd in the Team Girls Year 7, 2nd in the Team Boys Year 7, 1st and 2nd in the Year 8 Individual Girls, 3rd in the Year Individual Boys and 2nd in the Year 8 Mixed Team. Well done everyone who competed, you did yourselves and the school proud!

PITA PIT LUNCHES

Pita Pit lunches are available every week on Fridays. Choose from Chicken, Ham, Beef or super veg. Pick any 2 fillings, and a sauce for \$4.50. Pick another 2 fillings for \$1, or add a Pit Pack (apple and juice pouch) for \$2.50. Cookies or Gluten Free bread are also available for \$1.50 each. Order envelopes are available anytime from the office.

KINDO – OUR NEW SCHOOL SHOP

Kindo is already proving to be a fast and easy way of ordering uniform and stationery from the Office and has worked well for our Netball registrations. There are three different ways you can make payments on Kindo. To find out about these different options please log in and click on the 'My Account' tab across the top of the page.

You can pay by:

- Credit/Debit card
- Account2Account - *immediate online secure funds transfer via the Kindo website*
- Bank Transfer - *a payment to the Kindo account from your bank account via internet banking*

For those of you who have regular AP's to Raumati Beach School, consider stopping your AP to our account and set it up again to Kindo, via the bank transfer payment option.

Jackie is very happy to help you if you have any questions or want a demonstration. Please pop in and see her or send an email: jcorbett@raumatibeach.school.nz

If you have a credit at school, Jackie can refund you and then you can pop it onto your Kindo account if you wish. Just send Jackie an email with details.

When you are in Kindo, you can click on the item you are interested in to find out more

information before you select your child's name.

MOVIN'MARCH 2017

Deciding to allow your children to walk or bike to school can be a daunting decision but the benefits of increased physical and mental well-being are worthwhile.

Benefits

Research shows walking and biking to school improves physical fitness and helps develop confidence, independence, decision making and risk assessment skills, improve communication with parents and build a stronger sense of community.

We understand active travel can be a challenge for many families. The distance to school, time pressures of work and after-school activities along with concerns about road and personal safety impact on the decision to allow walking and cycling to school.

Movin'March provides a great opportunity to overcome these barriers and give walking or wheeling a go – even if it's just for one day to see for yourself how rewarding it can be for your family.

Movin'March is a month long celebration of active travel to school run by the Greater Wellington Regional Council. Participating schools will encourage their students to take part in the WOW (Walk or Wheel) Passport Challenge and the WOW Family Day on Friday 31 March.

Students will receive a WOW Passport to be stamped each time they walk or wheel to school during Movin'March – even just part of the way. Once their card is full, they go in the draw to **win a brand new bike and helmet!** Families will be encouraged to make an extra special effort on WOW Family Day to celebrate the school's Movin'March efforts.

Try rearranging your schedule to walk with your children on WOW Family Day. Find walking buddies if you can't participate or use a drop-off point near the school so they can walk part of the way. Find out more about Movin'March and WOW at www.movinmarch.com.

Resources

If you have children who are ready for independent travel to school – help get them prepared for Movin'March by teaching your children the skills they need. Vic Health has developed a great guide for preparing your children and the New Zealand Transport

Agency has developed factsheets on how to teach road safety skills. We've also put together tips and advice for common concerns parents have about the journey to school. You can find links to all these resources at www.movinmarch.com/parents. Happy walking and wheeling!

SCHOLASTIC BOOK CLUB

Lucky Book Club brochures went home this week and orders open Monday 13 March. Orders need to be handed to the office before 9am, Friday, 24 March. Payment is by cheque (written out to Scholastic Book Club), correct cash or credit card placed in a sealed envelope please. You can also order books online:

www.mybookclub.scholastic.co.nz, however, this option is only available for payment by credit card. If your purchase is a gift please write on the order for it to be held at the office and we will phone you when it arrives. Thank you for your support.

WALKING SCHOOL BUS

At the beginning of this year Greener Neighbourhoods group Gabe's Gold Nuggets started a Walking School Bus (WSB). There are about 12 of us who walk to school from Goldsbrough Ave Tuesday to Friday mornings, leaving at 8.20am and arriving at school at 8.30am. Please watch out for us in our bright oranges vests! With it being MovinMarch, it's a great time to start a walking school bus in your own area! It's an excellent way to get the kids safely to school, get to know your neighbours, and reduce the traffic on the roads around school run time. To find out how to organise your own walking school bus call Bruce Johnston at Kapiti Coast District Council on 04 296 4700, or find us by the school office Tues-Fri at 8.30am. You just need a few families and your kids will be walking to school before you know it.

2017 ENTERTAINMENT BOOKS

The 2017 Entertainment Book will soon be on sale through the Office. Once again you can choose either a hard copy book or a digital copy. Pre-order your Entertainment Book or Digital Membership online before 26 April 2017 and you'll receive six printed Early Bird Offers or order an Entertainment Digital Membership and your Early Bird Offers will be loaded straight to your phone that you can use right away.

You can pre-order your book on <http://www.entbook.co.nz/10512h4> - 20% of the purchase price will go to our fundraising for items students have identified.

Books are \$65 each and will be sent home with Years 3-8 students early in Term 2. If you would like to opt out of receiving a book please complete the letter which goes home or email Katie in the office - katiescott@raumatibeach.school.nz.

UPCOMING EVENTS

| | |
|----------|----------------------------|
| 17 March | Green Day |
| 30 March | Whanau Fun Night 5.30-7.30 |
| 31 March | Movin March WOW Family Day |
| 6 April | Te Moana VC Sleepover |
| 13 April | Term 1 Finishes 3pm |

SPORTS, MUSIC, COMMUNITY NOTICES



We are passionate and keen to teach your child the important lifesaving skill of 'learning to swim'. All levels catered for, from babies to adults. We have 22 years of experience, a warm non-chlorinated pool, exclusive swimming lessons and we offer weekly payment of fees.

Many thousands of Kapiti Coast children are now strong efficient swimmers because of the tuition we have provided them with and we are now teaching the next generation. Give your child the gift of life.

For bookings and information visit our website www.swimminglessons.co.nz, call 2972465 or email klts@xtra.co.nz

Money Smarts – Creating Wealth for the Future

Managing money is a life skill that most are not taught. Take control and join us in learning more about financial investment, debt management, asset protection, property investments and much more. Certificate in Money Management is a fees-free course held one day per week 9.30am – 12.30am at Coastlands. Please contact Liz Ruatoto 027 223 5207 or 04 905 5970 or email liz@stellanz.com to enrol and find out more information.

Art Lessons

Art lessons available Mondays from 3:30 to 4:30 for ages 10-12 years. Based in Paraparaumu. Structured lessons with term based projects. Learn and have some fun, contact me for details. A few spaces left. \$12 per lesson (small material fee for terms that include painting and sculpting) Phone Susan 049022106 after 6:00pm or email wildbloodart@yahoo.co.nz FB Susan Wildblood Art for samples of my art.

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SPORTS, MUSIC, COMMUNITY NOTICES

Hey Primary Students! Want to help your Kāpiti Marine Reserve?

The Guardians of the Kāpiti Marine Reserve are asking primary school students to help design a logo for the group. The winning design will need to be something extra special, just like our Marine Reserve. It will be turned into a logo for the group and the winner will also receive a free overnight trip to Kāpiti Island. Ask your parents or teachers to visit the 'Guardians of the Kāpiti Marine Reserve' Facebook page or email: biancamajic@yahoo.co.nz for more information.

Kids After School Ceramics Workshop To Make Leaf Plates Or Leaf Hangings:

Make 2 leaves out of soft clay week 1, then come back and glaze them week 2. **DATES:** Weds 15th and 22nd March **TIME:** 3.30-5pm **COST:** \$65 includes all materials, clay, glazes and firings. For children 6 yrs + To book your place please call: 02102720716 or E:kayebustin@rocketmail.com <http://www.kayebustinstudios.com/>

Gear Jammers

All Fired up car show 19 March 2017, 9.30am. Mass Engine start, pre-show cruise, live band etc. Kapiti School, Rimu Road.



Life Flight Open Day

Sunday 19 March | 10am-2pm | lifeflight.org.nz/openday

Cook Island Dance Lessons

Cook Island dance lessons held at Kapiti Uniting Parish fortnightly on Tuesdays 6.30-7.30pm. Please contact Mrs Makaiiti Taom at taom.makaiiti@gmail.com or 02108476754. for more information.

CELEBRATE NEIGHBOURS DAY THIS MARCH
 with an
OVER THE FENCE CUPPA

Kia ora neighbours You're invited! register at kapiticoast.govt.nz/neighboursday



SPORTS, MUSIC, COMMUNITY NOTICES

Kapiti Children's Centre

We currently have spaces available at our unique Early Childhood Centre. **Kapiti Children's Centre is a small Centre with a big emphasis on quality.** Our location, next to your school, makes this a perfect place for children to begin their educational journey - just ask some of your teachers and families! Our separate Nursery and Kindergarten areas have skilled teachers to cater for children 6 months to 5 years of age and we offer sessional, as well as, all-day care and education. We have been helping children grow on the Kapiti Coast for over 30 years. If you are looking for a small nurturing 'family like' Centre that is focused on giving your child the very best start then please call Caryll on **9027130** or email us at kapiticentre@paradise.net.nz We would love to meet you and your child.



Saturday 18 March
11am-3pm



Delicious food • Bargain stalls
Cake & tea rooms • Fairy & Elf Land
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Bubble Soccer • Bouncy castle
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