

RAUMATI BEACH SCHOOL

10th August 2018

Dear Parents and Guardians,

YEARS 5-8 – SEXUALITY EDUCATION

Sexuality education is one of seven key areas of learning in the health and physical education learning area of the New Zealand Curriculum. This term, your child will be given opportunities to develop understandings and skills to support positive attitudes towards the changes that they will experience during puberty.

Lessons broadly cover the following:

- Our body: naming it, looking at changes, individuality, looking after it (hygiene)
- Our changing roles, responsibilities and relationships through puberty
- Being myself: Learning to valuing my unique self, peer pressures, media influences, dealing with emotions, cultural influences
- Help: who/what can support you?

Teachers use Ministry resources to guide their teaching, but shape classroom programmes and discussions to sensitively meet the range of needs of the students in their class. Please take the time to have a look through this resource so you can support your child at home, and deepen their understandings. <http://health.tki.org.nz/Key-collections/Curriculum-in-action/Sexuality-education-for-curriculum-levels-1-4>

If you have any queries about the learning, please speak first with your child's teacher. They will be able to explain the approach they will take, and outline the timetable for these lessons. If you have any other queries, please contact either team leaders or the Deputy Principal (see below).

This is a mandated and vital aspect of the New Zealand curriculum and we believe that it is an important part of the learning at primary school. If you wish your son or daughter to be withdrawn from the class, please make clear your reasons in writing to the Principal (principal@raumatibeach.school.nz) by Friday 17 August. You will need to remove your child from school for the duration of the given lessons.

Nga mihi,

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